

Sources of help and information on drugs and drug related issues in the UK



Updated Jan 2009

1. Key National Contacts

DrugScope

DrugScope
Prince Consort House
Suite 204 (2nd Floor)
109/111 Farringdon Road
London EC1R 3BW
Tel: 020 7520 7550
Email: info@drugscope.org.uk
Website address: www.drugscope.org.uk

DrugScope is the UK's leading drugs information charity and centre of expertise on drugs. It provides balanced and up-to-date drug information to professionals and the public and develops policies on drugs and drug-related issues, promotes humane and effective ways of responding to drugs and drug use, encourages informed debate and provides a voice for over 1000 member agencies and individuals working in the community.

Talk to Frank – the national drugs helpline

Main helpline number 0800 77 66 00
Website: www.talktofrank.com/

Talk to Frank gives information and advice to anyone in the UK concerned about drugs and is open 24 hours a day 365 days a year. This includes drug users, their families, friends and people who work with them. The service is confidential.

The service does not provide individual medical advice, formal counselling or treatment but can give information on local agencies throughout the UK that can provide more specialist help. This information is updated continuously. The Helpline can also provide callers with free leaflets on drugs and drug issues. Help is also available in a number of different languages. Check the website for more details.

Adfam National

Adfam
25 Corsham Street
London, N1 6DR
Tel: 020 7553 7640

Fax: 020 7928 8923
Website: www.adfam.org.uk

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Adfam, founded in 1984 by the mother of a drug user exists to raise awareness about-and take action to alleviate- problems faced by families dealing with drugs and alcohol. Adfam does this by informing government, families and those working with them about what people need and campaigns for the better representation and understanding of these issues in the media and by policy makers. Adfam provides face-to-face help to families facing the trauma of the criminal justice systems and helping family agencies around the UK improve their ability to help their communities.

Alcohol Concern

64 Leaman Street
London
E1 8EU
Tel: 020 7264 0510

Website: www.alcoholconcern.org.uk

E-mail: contact@alcoholconcern.org.uk

Services directory:

http://www.alcoholconcern.org.uk/servlets/wrapper/services_directory.jsp

Alcohol Concern is the national agency on alcohol misuse. It works to reduce the incidence and costs of alcohol-related harm and to increase the range and quality of services available to people with alcohol-related problems.

The Scottish Drugs Forum (SDF)

The national non-government drugs policy and information agency working in partnership with others to co-ordinate effective responses to drug use in Scotland.

Website: www.sdf.org.uk

Glasgow

Shaftesbury House
5 Waterloo Street
Glasgow G2 6AY

Tel: 0141 221 1175

Fax: 0141 248 6414

Edinburgh

139 Morrison Street
Edinburgh
EH3 8AJ

Tel: 0131 221 9300

Fax: 0131 221 1556

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Dundee

Number Ten
Constitution Road
Dundee
DD1 1LL

Tel: 01382 305752

Fax: 01382 305755

2. Directories

Alcohol Concern's services directory

<http://servicesdirectory.alcoholconcern.org.uk/>

DAT and Partnership websites in England, Northern Ireland, Scotland and Wales.

<http://www.drugs.gov.uk/dat/directory/>

Scottish Drugs Forum

<http://www.scottishdrugservices.com/sdd/homepage.htm>

EATA directory - rehabilitative treatment providers, individual practitioners and support services etc.

<http://www.eata.org.uk/directory.php>

NHS directory of stopping smoking services

<https://data.gosmokefree.co.uk/localservicesearch.aspx>

Frank's service directory

<http://www.multimap.com/clients/places.cgi?client=healtha>

Homeless UK directory of accommodation and services

<http://homelessuk.org/details.asp?id=LP10>

NTA Residential services directory

http://www.nta.nhs.uk/about_treatment/treatment_directories/residential/resdirectory_f.aspx

3. Government, National and Regional Organisations in the UK

This section lists the contact details for the major government agencies, national and regional organisations in the UK that are concerned with drugs or related problems.

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England

National Treatment Agency for Substance Misuse (NTA)

National Headquarters:

National Treatment Agency
8th Floor
Hercules House
Hercules Road
London
SE1 7DU

Tel: 020 7261 8801

Fax: 020 7261 8883

Email: nta.enquiries@nta-nhs.org.uk

Website: www.nta.nhs.uk

The National Treatment Agency (NTA) is a special health authority, created by the Government in 2001 to improve the availability, capacity and effectiveness of treatment for drug misuse in England. The NTA has regional offices across England. The NTA website gives full contact details for the different regions

Drugs Strategy Directorate

Home Office
2 Marsham Street
6th Floor
Peel Building
London
SW1P 4NF

Tel: 020 7035 4848

The Drugs Strategy Directorate, based at the Home Office, oversees the work of the Drug Action Teams (DATs) and the implementation of the National Drugs Strategy's aims.

The main government website which details all the work undertaken by the government in the drugs field is www.drugs.gov.uk.

Northern Ireland

Northern Ireland Executive

Website: www.nics.gov.uk

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Northern Ireland has its own five-year drugs misuse strategy, which was launched in 1999. It embraces the main aims and objectives of the UK Government's drugs strategy; *Tackling drugs to build a better Britain*. At a national level, the Department of Health, Social Services and Public Safety (DHSSPS) provides strategic focus, while the Central Co-ordinating Group for Action Against Drugs (CCGAAD) monitors the progress of the strategy. Locally, the strategy is implemented by four Drug Co-ordination Teams.

Department of Health, Social Services and Public Safety (DHSSPS)

Castle Buildings
Stormont
Belfast
BT4 3SJ

Tel: 028 90520500

Fax: 028 90520572

Website: www.dhsspsni.gov.uk

Health Promotion Agency for Northern Ireland

18 Ormeau Avenue
Belfast
BT2 8HS

Tel: 028 9031 1611

Fax: 028 9031 1711

Website: www.healthpromotionagency.org.uk

Email: info@hpani.org.uk

The Health Promotion Agency for Northern Ireland (HPA) was set up in 1990 as a special agency of the Department of Health, Social Services and Public Safety (DHSSPS). The HPA aims to provide leadership and strategic direction to all those involved in promoting health in Northern Ireland.

The agency works with policy makers at government level, statutory, voluntary, commercial and community sectors and individuals. By cooperating with others the HPA aims to shift the emphasis of modern health services towards prevention, protection and education, to reduce the need for treatment or rehabilitation and improve overall quality of life.

Scotland

The Scottish Executive

Edinburgh

Tel: 0131 556 8400

Enquiry Line: 08457 741741 (local call rate within UK)

Minicom: 0131 244 1829 (service for the deaf)

Fax: 0131 244 8240

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Website: www.scotland.gov.uk

Email: ceu@scotland.gov.uk

Scotland has its own anti-drugs strategy, *Tackling drugs in Scotland: Action in partnership*, which was launched in 1999. It embraces the main aims and objectives of the UK Government's drugs strategy; *Tackling drugs to build a better Britain*.

Health Scotland

Woodburn House
Canaan Lane
EDINBURGH
EH10 4SG

Tel: 0131 536 5500

Textphone: 0131 536 5503

Fax: 0131 536 5501

Website: www.healthscotland.com

Email: library.enquiries@health.scot.nhs.uk

Health Scotland is Scotland's national agency for health education, health promotion, health advice and health information.

Wales

National Assembly for Wales

Cardiff Bay
Cardiff CF99 1NA

Tel: 029 20 825111

Website: www.wales.gov.uk

Wales has its own eight-year drugs strategy, *Tackling Substance Misuse in Wales: A Partnership Approach* launched in May 2000. It embraces the main aims and objectives of the UK Government's ten-year drugs strategy, 'Tackling drugs to build a better Britain'. The Welsh strategy is implemented by the five Drug and Alcohol Action Teams (DAATs) in Wales. The Welsh Drug and Alcohol Unit advises on the implementation of the Welsh strategy and on other issues relating to substance misuse.

Chief Medical Officer Wales

Website: www.cmo.wales.gov.uk

Health promotion in Wales is undertaken by the National Assembly according to their Health Promotion Strategy. Two divisions within the National

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Assembly for Wales, Health Promotion Division and Public Health Strategy Division, take a leading role in the implementation. Both Divisions form part of the Health Protection and Improvement Directorate, headed by the Chief Medical Officer.

4. AIDS/HIV

National AIDS Helpline

Tel: 0800 567123

Website: <http://www.condomessentialwear.co.uk/>

The National Aids Helpline is UK wide and provides confidential advice and information on aspects of HIV, AIDS and sexual health.

National AIDS Trust (NAT)

New City Cloisters

196 Old Street

London

EC1V 9FR

Tel: 020 7814 6767

After hours number: 020 7814 6767

Fax: 020 7216 0111

Website: www.nat.org.uk

Email: info@nat.org.uk

Strategic body campaigning across the UK for effective prevention, the development of vaccines, quality treatment and care and an end to discrimination against people with HIV and AIDS.

The Terrence Higgins Trust

314-320 Gray's Inn Road

London

WC1X 8DP

Telephone: 020 7812 1600

Website: www.tht.org.uk

Email: info@tht.org.uk

The Trusts offers a buddying service, advice, information and counselling on the law, welfare, housing and insurance for people affected by HIV/AIDS. It also covers drug use.

5. Alcohol

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64 Leaman Street
London
E1 8EU
Tel: **020 7264 0510**

Webste: www.alcoholconcern.org.uk

E-mail: contact@alcoholconcern.org.uk

Services directory:

www.alcoholconcern.org.uk/servlets/wrapper/services_directory.jsp

Alcohol Concern is the national agency on alcohol misuse. It works to reduce the incidence and costs of alcohol-related harm and to increase the range and quality of services available to people with alcohol-related problems.

6. Counselling

British Association for Counselling and Psychotherapy

35-37 Albert Street
Rugby
Warks
CV21 2SG

Tel: 0870 443 5252

Fax: 0870 443 5160

Website: www.bacp.co.uk

Email: bacp@bacp.co.uk

Dedicated to the promotion of counselling and maintenance of standards for training and practice, providing information on training and lists of local counsellors.

7. Crime

Association of Chief Police Officers (ACPO)

25 Victoria St
London
SW1H 0EX

Tel: 020 7227 3434

Fax: 020 7227 3400

Website: www.acpo.police.uk

Represents chief police officers in discussions regarding matters of national and criminal justice policy issues.

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NACRO

Park Place,
10-12 Lawn Lane,
London SW8 1UD
Tel 020 7840 7200
Website: www.nacro.org.uk

Nacro, the crime reduction charity, is dedicated to making society safer. It has an unrivalled expertise in developing effective solutions to crime and stimulating fresh thinking on how best to reduce it, based on over 30 years of experience. Combining practical services to individuals, communities and organisations with pioneering campaigns, Nacro lobbies for better ways to reduce crime, while demonstrating how this might be done in practice.

Police Foundation

First Floor
Park Place
12 Lawn Lane
London
SW8 1UD

Tel: 020 7582 3744
Fax: 020 7587 0671
Website: www.police-foundation.org.uk

An independent research charity, focussing on policing issues of public concern. Our primary aim is to help develop more efficient and effective policing through applied research and development, education and training.

Catch 22

Churchill House,
142-146 Old Street,
London, EC1V 9BW
Tel: 020 7336 4800
Website: <http://www.catch-22.org.uk/>

8. Drugs

Addaction

67-69 Cowcross Street,
London
EC1M 6PU

Tel: 020 7251 5860
Fax: 020 7251 5890

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Website: www.addaction.org.uk
Email address: info@addaction.org.uk

Addaction gives details on individual projects, research and development, training courses and access to networks aimed at tackling drug use. Addaction has over 70 projects around the UK. Go to their website for full details.

COCA

Unit 8
5 Durham Yard
London
E2 6QF

Tel: 020 7729 5513
Website: www.coca.org.uk

COCA provides support and information services to organisations and professionals working with the issues of crack and cocaine dependence.

Cocaine Anonymous

PO Box 46920
London
E2 9WF

Helpline: 10 am – 10pm 020 7284 1123
Website: www.cauk.org.uk
Email Address: info@cauk.org.uk

Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem, and help others to recover from their addiction. Provides a helpline service and organises group meetings for users.

Cranstoun Drug Services

1st Floor St. Andrew's House
26-27 Victoria Road
Surbiton, Surrey,
KT6 4JZ

Tel: 020 8335 1830
Website: cranstoun.org

Cranstoun Drug Services is a not-for-profit, independent, non-governmental organisation whose well-trained and experienced staff provide a range of

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high quality, efficient and effective specialist services. Cranstoun develop new, creative and pragmatic responses in order to tackle the impact and harm caused by drugs to individuals and communities.

HIT

Tel: 0844 412 0972
Website: www.hit.org.uk
Email: stuff@hit.org.uk

HIT provides training and information on drug related issues, developing, advocating and implementing a pragmatic and effective approach to the use of drugs. HIT provides a library and information service, training courses, publications and campaigns and consultation, research and advice.

Lifeline Manchester

101-103 Oldham St
Manchester
Lancashire
M4 1LW

Tel: 0161 834 7160
Website: www.lifeline.org.uk

Lifeline is a non profit-making organisation and a registered charity founded in 1971, based in the North of England, that helps people who use drugs and the families of people who use drugs. Offices in Manchester, East Lancashire, West Yorkshire and Calderdale providing a range of services for drug users and those affected by drug use.

Narcotics Anonymous (NA)

202 City Road
London
EC1V 2PH

Tel: 020 7251 4007
Fax: 020 7251 4006
Helpline: 020 7730 0009
Website: www.ukna.org
Email: helpline@ukna.org or for general enquiries ukso@ukna.org

Holds self-help groups for people who wish to recover from addiction, operates a telephone helpline and offers advice and information.

The Alliance

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32 Bloomsbury Street
London
WC1B 3QJ

Tel: 020 7299 4304
Website: www.m-alliance.org.uk

Provides information and advice to people about methadone and other prescribing treatments. Also provides advocacy and representation to clients where appropriate.

Transform Drug Policy Foundation

Easton Business Centre
Felix Road
Bristol
BS5 0HE

Tel: 0117 941 5810
Fax: 0117 941 5809
Website: www.tdpf.org.uk

Transform exists to minimise drug-related harm to individuals and communities, and believes this is best achieved by legalising drugs. They provide authoritative and accurate information to increase understanding, encourage debate and influence policy.

Turning Point

Head Office
21 Mansell Street
London
E1 8AA

Tel: 020 7481 7600
Website: www.turning-point.co.uk

Helps individuals and their communities in areas of drug and alcohol misuse, mental health and learning disabilities. Turning Point has particular expertise in working with people who have complex needs and are facing multiple social challenges.

9. Drugs Helplines

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Release: 0845 4500 215

Families Anonymous

Helpline: 0845 1200 660

Website: www.famanon.org.uk

Email: office@famanon.org.uk

Helpline hours: Weekdays 1300-1600 and 1800-2200,
Weekends 1000-2200

Families Anonymous has self-help groups, spread throughout the country, which meet regularly.

10. General Helplines

The Samaritans

Tel: 08457 909090

Website: www.samaritans.org

Email: admin@samaritans.org

The Samaritans exists to provide emotional support to any person, irrespective of race, creed, age or status who is in emotional distress or at risk of suicide; and to increase public awareness of issues around suicide and depression.

UK Hepatitis C Resource Centre - Glasgow

276 Bath Street

Glasgow

G2 4JR

Tel: 0141 353 1308

Website: www.hepccentre.org.uk

UK Hepatitis C Resource Centre – London

195 New Kent Road

London

SE1 4AG

Tel: 0141 353 1308

Website: www.hepccentre.org.uk

Provides information to people living with hepatitis C, healthcare professionals, the general public and the media. Also provides a peer

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perspective on personal experiences of HCV positive individuals regarding day-to-day living, treatment, alternative therapies, and support.

11. Homelessness

Homeless Link

1st Floor
10-13 Rushworth St
London
SE1 0RB

Tel: 020 7960 3010
Fax: 020 7960 3011
Website: www.homeless.org.uk

Homeless Link is the membership organisation serving agencies and individuals working with homeless people around the country. It provides frontline homelessness agencies with a single strong voice in order to influence policy and public opinion and to provide them with high quality services aimed at improving their effectiveness.

Catchment: UK
Opening times: Mon – Fri 09:00 – 17:00

12. Legal

Release

388 Old Street
London
EC1V 9LT

Legal Helpline: 0845 4500 215
Office: 020 7729 5255
Fax: 020 7729 2599
Website: www.release.org.uk
Email: ask@release.org.uk

The national legal and drugs advice service. Release provides a range of services dedicated to meeting the health, welfare and legal needs of drugs users and those who live and work with them.

13. Libraries, Information and Research

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Addiction Today

193 Victoria Street
London
SW1E 5NE

Tel: 020-7233 5333

Website: www.addictiontoday.org

Email: enquiries@addictiontoday.org

Evidence based information on recovery from addiction for professionals.
Bimonthly publication.

National Addiction Centre

Institute of Psychiatry,
King's College London,
De Crespigny Park,
London
SE5 8AF

Tel: 020 7848 0811

Website: <http://www.iop.kcl.ac.uk/iopweb/>

The National Addiction Centre's research covers four main areas; treatment and preventative interventions, research (from laboratory to community), training (generic and specialist), policy involvement and analysis.

The Centre for Ethnicity and health

The University of Central Lancashire
Preston
PR1 2HE

Website: www.uclan.ac.uk/facs/health/ethnicity

Tel: 01772 893805

Fax: 01772 892995

The work of the Centre includes managing projects and delivers courses relating community engagement and drugs awareness issues in Black and Minority Ethnic communities.

14. Mental Health

MIND

Granta House
15-19 Broadway

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Stratford
London
E15 4BQ

Information line: 0845 766 0163
Tel: 020 8519 2122
Website: www.mind.org.uk

Mind is the leading mental health charity in England and Wales, working for a better life for everyone experiencing mental distress.

Richmond Fellowship

80 Holloway Road
London
N7 8JG

Tel: 020 7697 3318/3320
Fax: 020 7697 3301
Website: www.richmondfellowship.org.uk

A registered housing association providing rehabilitation and residential accommodation for people with a variety of mental health problems. Also has projects for people who have a history of substance misuse.

15. Schools and Education

Department for Education and Skills

Department for Children, Schools and Families
Sanctuary Buildings
Great Smith Street
London
SW1P 3BT
Tel: 0870 000 2288
Website: <http://www.dcsf.gov.uk/index.htm>

Drug Education Forum

C/O Mentor UK
4th Floor
74 Great Western Street
London
EC2A 3JG
Tel: 020 7739 8494
Fax: 020 7739 5616
Website address: www.drugeducationforum.com

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The Drug Education Forum believes that the purpose of drug education is to increase children and young people's knowledge and understanding of drugs and their usage, and help them develop skills and attitudes, so that they can make informed choices.

Connexions Service National Unit

Department for Education and Skills
Moorfoot
Sheffield
S1 4PQ

Website: www.connexions.gov.uk

Connexions is the government's support service for all young people aged 13-19 in England. The service aims to provide integrated advice, guidance and access to personal development opportunities for this group and to help them make a smooth transition to adulthood and working life.

Life Education Centres

County House
14 Hatton Garden
London
EC1N 8AT

Tel: 0207 831 9311

Fax: 0207 831 9939

Website: www.lifeeducation.org.uk

Life Education Centres carry out drug prevention through holistic-health-based education to children in schools aged 3-15.

TACADE

Old Exchange Buildings
6 St. Ann's Passage
King Street
Manchester
M2 6AD

Tel: 0161 836 6850

Fax: 0161 836 6859

Website: www.tacade.com

E-mail: ho@tacade.co.uk

A national non-government organisation that aims to provide support for professionals, professional groups, parents and carers working with young people, through consultancy products, training and resource materials.

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16. Solvents

Lifeline East Lancashire incorporating Solvent Resource Group

68-70 Darwen St

Blackburn

Lancashire

BB2 2BL

Tel: 01254 677 493

Fax: 01254 677 503

Website: www.lifeline.org.uk

Provides specialist help and information on volatile substance issues. Also provides a telephone help and information line for drugs and solvents, face-to-face advice, information, counselling, general and volatile substance abuse training.

Re-Solv

National Headquarters

30a High Street

Stone

Staffordshire

ST15 8AW

Tel: 01785 817885

Fax: 01785 813205

National Helpline: [0800 800 2345](tel:08008002345)

Website address: www.re-solv.org

Email: information@re-solv.org

Re-Solv is dedicated to the prevention of solvent and volatile substance abuse they conduct research and provide a helpline service, information to schools, parents and young people and also deliver online training courses.

17. Sport

United Kingdom Sports (UKS)

Anti-Doping Directorate

40 Bernard Street

London

WC1N 1ST

Tel: 020 7211 5100

Website: www.uksport.gov.uk

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Email: info@uksport.gov.uk

UKSC focuses on sport at a UK level, with the express aim of achieving sporting excellence on the world stage. The Anti-Doping directorate aims to develop a fair sporting environment for all.

18. Tranquillisers and other medicines

Council for Involuntary Tranquilliser Addiction (CITA)

The JDI Centre
3-11 Mersey View
Waterloo
Liverpool
L22 6QA

Helpline: 0151 932 0102

Tel: 0151 474 9626

Offers help and advice to those suffering from anxiety and depression, taking and/or addicted to benzodiazepine tranquillisers and anti-depressants. CITA also advises professionals, families and friends.

19. Youth

National Youth Agency

Eastgate House
19-23 Humberstone Road
Leicester
LE5 3GJ

Tel: 0116 242 7350

Fax: 0116 242 7444

Website: www.nya.org.uk

Email: nya@nya.org.uk

Provides support to all those involved in the informal, personal and social education of young people. Includes a team of youth work specialists, information centre, and provides a full range of publications.