

## **IMPORTANT INFORMATION FOR TRAVELLERS CARRYING CONTROLLED AND PRESCRIPTION DRUGS**

All travellers are advised to follow the guidelines below

**Controlled drugs (eg. diamorphine, methadone) should be:**

- ⌚ carried in original packaging
- ⌚ carried in hand luggage
- ⌚ carried with a valid personal import/export licence (only if travelling for 1 month or more – see above)
- ⌚ carried with a letter from the prescribing doctor confirming the carriers name, destination, drug details/amounts
- ⌚ checked with the relevant embassy/consulate to enquire of any restrictions in the country to be visited (contact details for embassies, etc can be found at the conference website)

**Non-controlled, prescription drugs should be:**

- ⌚ carried in original packaging
- ⌚ carried in hand luggage
- ⌚ carried with a copy of the (repeat) prescription, or a note from the prescribing doctor
- ⌚ checked with the relevant embassy/consulate to enquire of any restrictions in the country to be visited (contact details of embassies, etc can be found at our website [www.drugs.gov.uk](http://www.drugs.gov.uk))

*NB with effect from 01 January 2007 only those persons travelling for 28 days, i.e. 4 weeks, or more and carrying controlled drugs will require a personal licence (a list of the most commonly held controlled drugs can be found at our website)*

**Licences:**

Personal import/export licences will only be issued to travellers carrying controlled drugs abroad for periods exceeding 1 month (see above).

If a person is staying outside their resident country for a period exceeding 3 months they are advised to register with a doctor in the country they are visiting for the purpose of receiving further prescriptions.

A personal licence is intended to allow travellers to pass through Customs unhindered. Travellers are, therefore, advised to contact the Embassy or Consulate of the country of destination (or any country through which they may be travelling) to check for regulations or restrictions concerning their particular drug(s) before embarking upon their journey.